



## MANGO LASSI

10 min    Leicht

### INGREDIENTS (FOR 2 PERSONS)

1 mango  
1-2 TBSP sugar  
1-2 TBSP lemon juice  
300 g MinusL yoghurt mild

### PREPARATION

Peel the mango and cut the flesh from the stone. Cut into coarse pieces and place in the mixer. Purée finely together with the sugar, lemon juice and yoghurt. Dilute to desired consistency with about 250 ml of water and mix until frothy. Serve filled in glasses.

#### Tips:

For a particularly refreshing drink, purée with a few ice cubes to taste, pour into chilled glasses, or add a dash of sparkling mineral water before serving.